

International Tennis Federation Tennis Development Department

ITF Monthly E-Mail Newsletter for Coaches, Year 6, Issue 4, April 2005

The ITF Development Department is pleased to welcome you to the April edition of its ITF Monthly E-mail Newsletter.

In an effort to keep you informed and updated on ITF coaching matters worldwide, in this issue of the newsletter you will find:

- * **ITF Coaching and Sport Science Review**
 - * **Favourites upset at African Junior Championships**
 - * **Development Events**
 - * **Wheelchair Tennis News**
 - * **Cursos de Nivel 1 en Ecuador. Quito y Guayaquil**
 - * **Jornada de Capacitación – ITF en Buenos Aires, Argentina**
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ITF COACHING AND SPORT SCIENCE REVIEW

Issue 35 of the ITF Coaching and Sport Science Review is now available on the ITF coaching weblet. This is the first edition for 2005 and it signals a new era for the publication as it is the first edition that will be published in an electronic form only. It includes articles on a variety of topics including junior tennis, psychological, physiological and nutritional methods to enhance performance, as well as an article on national coach education programmes.

Latest issue: <http://www.itftennis.com/coaching/sportsscience/index.asp>

FAVOURITES UPSET AT AFRICAN JUNIOR CHAMPIONSHIPS

Anas Fattar (MAR) and Ola Abou Zekri (EGY) were the surprise 18 & under champions at last week's rain-hit 28th ITF/CAT African Junior Championships in Mauritius. The presence of Cyclone Hennie in the region brought heavy rain throughout the week, although a modified format and the use of additional venues ensured that the event only had to be extended by one day. Unfortunately the doubles events were cancelled.

In the boys' 18 & under singles, top seed Reda El Amrani (MAR) lost a three-set quarterfinal to No. 8 seed Kevin Kerr (RSA). Kerr, winner of the warm-up event, scored another three-set victory over No. 5 seed Hakim Rezgui (TUN) in the semifinals to set up a meeting with sixth seed Anas

Fatta. Fatta, who did not drop a set en route to the final, went on to clinch the title with a narrow 57 64 75 triumph.

The girls' 18 & under singles saw a repeat of the 2004 final, with No. 2 seed Ola Abou Zekri overturning last year's result against teammate and top seed Magy Aziz (EGY) 57 75 62. In the semifinals Abou Zekri had avenged her defeat in the warm-up event with a straight sets victory over Mauritius Junior Champion Else Potgeiter (RSA).

There were no upsets in the 16 & under category with Rikus De Villiers (RSA) and Fatim El Allami (MAR) justifying their top seedings. However De Villiers needed to save four match points in the boys' final to defeat No. 3 seed Slah Mbarek (TUN) 62 26 76(8) in a repeat of the 2003 14 & under final. In the semifinals Mbarek had avenged his defeat by No. 2 seed Lofu Ramiaramanana (MAD) in the warm-up final. El Allami, who had stepped up a category to reach the 18 & under warm-up final, dropped only one set to become girls' 16 & under champion. She defeated Amira Benaissa (ALG) 46 63 63 in the semifinals, before seeing off No. 2 seed and warmup champion Chane Hines (RSA) 62 63.

Due to the weather, all 14 & under semifinals and finals had to be played on the last day. Boys' No. 1 seed James Munro (RSA) had few problems winning his second title in two weeks, defeating Sunday Emmanuel (NGR) 61 61 in the semifinals and Ramy Kamal Etah (EGY) 61 75 in the final. However the girls' top seed Menna El Nagdy (EGY) ran out of steam in the final, losing to Yasmine Alkema (ALG) 67(8) 62 76(2), having needed three sets to defeat Monica Gorny (RSA) earlier in the day.

South Africa was awarded The Team Trophy, presented to the nation that has accumulated the highest number of points based on the best four singles results of a team. Separate Boys' and Girls' Team Trophies were awarded to South Africa boys and Egypt girls.

DEVELOPMENT EVENTS

27 March - 10 April: ITF 14 & Under Asian Championships - Zone 1, India (including ITF teams).

4 - 12 April: ITF Level I Coaches Course, Tarija, Bolivia.

4 - 15 April: ITF/OS Level II Coaches Course, Venezuela.

18 - 22 April: Central Pacific Qualifying event, Kiribati.

WHEELCHAIR TENNIS NEWS

ITF renews agreement with Cruyff Foundation

The ITF announced that it has renewed its agreement with the Johan Cruyff Foundation as a programme partner for the Wheelchair Tennis Silver Fund for 2005- 2006. The Cruyff Foundation began financing the Silver Fund in 2003, supporting the development of wheelchair tennis in several countries, including Bolivia, Romania, Sri Lanka, El Salvador and Indonesia.

The new agreement will extend the relationship between the Cruyff Foundation and the ITF to establish wheelchair tennis programmes in Bulgaria, Moldova, Colombia, Morocco and China. The Cruyff Foundation is also a programme partner for the wheelchair tennis junior programme that aims to increase the competitive and training opportunities available to junior wheelchair tennis players.

On the signing of the new agreement, ITF President Francesco Ricci Bitti said: "We are delighted to continue our relationship with the Cruyff Foundation. The Silver Fund has already made a

significant impact on the lives of hundreds of children and adults worldwide and further programmes will allow us to introduce wheelchair tennis in many other countries where players are eager to embrace the game.”

Carole Thate, director of the Johan Cruyff Foundation said: “We are very proud of the achievements within the Silver Fund project. Our partnership focuses on having coaches and players participate in teaching the basics of wheelchair tennis to children. This project not only informs but also stimulates children in third-world countries to participate in the great sport of wheelchair tennis.”

The Wheelchair Tennis Silver Fund was set up to celebrate the 25th anniversary of wheelchair tennis. The Fund aims to establish sustainable wheelchair tennis programmes in developing nations through the provision of tennis equipment and technical expertise and the identification of local partners who will take the programme to self-supporting levels.

The Cruyff Foundation supports and stimulates play and sport for children worldwide, with a special focus on sports programmes for children with a disability. The Foundation supports a wide variety of sports projects including street soccer, sitting volleyball, wheelchair basketball and swimming.

The latest issue of the ITF Wheelchair Tennis Coaches Review is now on the ITF website:
<http://www.itfwheelchairtennis.com/asp/wheelchair/publications/coachesreview.asp>

CURSOS DE NIVEL 1 EN ECUADOR. QUITO Y GUAYAQUIL.

Gracias a la excelente iniciativa del Profesor Alex Peña y con todo el respaldo de Andrés Gómez, se realizaron en Ecuador dos Cursos de Nivel 1. El primero entre el 01 y el 09 de Marzo en la ciudad de Quito, mas exactamente en el Club Buenavista tuvo a 28 profesores de esa ciudad y sus alrededores, el segundo se hizo en el Club Nacional de la costera ciudad de Guayaquil, entre el 10 y 18 de Marzo del 2005 y los asistentes fueron 31. Los Tutores Iván Molina y Richard González destacaron la muy buena organización y coordinación del Profesor Alex Peña y la extraordinaria cordialidad del ex campeón Andrés Gómez.

JORNADA DE CAPACITACIÓN – ITF EN BUENOS AIRES, ARGENTINA.

Lugar: Hotel & Club Círculo de la Fuerza Aérea (Av. Libertador 661 - Vte Lopez). **Fecha:** Viernes 15 de Abril. **Horario:** de 9.30 a 17.00 hs. **Disertantes:** **Miguel Crespo** (Responsable de Investigación de la ITF) y **Miguel Miranda** (Oficial de Desarrollo ITF - Sudamérica).

Temática del curso:

1. Las potencias mundiales del tenis: Razones del éxito (aula).
2. El rol del entrenador de tenis en el trabajo psicológico con los jugadores (aula).
3. Entrenamiento psicológico en la cancha (cancha).
4. Métodos de observación y mejora del rendimiento del tenista (cancha).
5. Metodología de entrenamiento en distintos niveles (cancha).
6. Aplicación práctica del mini tenis (cancha).

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NEWS FROM NATIONAL ASSOCIATIONS AND OTHER ORGANISATIONS

Bolivia: El Profesor Rolando Nieva, que actualmente se desempeña como Head Coach del Club de Tenis de Santa Cruz en la ciudad del mismo nombre en Bolivia, esta buscando una Entrenadora Mujer para que se haga cargo de la selección femenina que ese importante Club tiene. Para conocer más acerca de este Club y sus instalaciones, Uds pueden visitar www.clubtenissantacruz.com . Las interesadas deben escribir a rolando_nieva@yahoo.com.ar. enviando un resumen de CV y pretenciones de sueldo.

Mexico: La compañía Club Med solicita candidatos calificados para el puesto de Instructor de Tenis. Los candidatos interesados pueden comunicarse directamente con Cynthia Corral en el (01 55) 91 71 15 68 en la Ciudad de México o bien llenar su solicitud por Internet en la página web: www.clubmedjobs.com. Cynthia Corral. Club Med - North American Zone. G.O. Recruiter - México. Phone: 01 55 91 71 15 68, Fax: 01 55 91 71 20 83.

Sudan: The Sudan LTA is looking for a coach to work with juniors and National teams in the association centre. The successful applicant will work with and under the supervision of the technical director. Applicants should have the following qualities: Prepared to work very hard, appropriate qualifications and experience, must have very good in English and some Arabic would be beneficial. The SLTA will provide the successful applicant with an apartment inside the SLTA centre and a good salary. For more information please contact the Sudan LTA: TEL: 00249 183 795473, FAX: 00 249 183 770246, EMAIL : slta909@hotmail.com

Tennisplayer.net: A new internet site has been launched by John Yandell. This site contains some of the Latest High Speed Video Research from AdvancedTennis. It also has An Amazing Archive of Lessons from people such: Robert Lansdorp, Rick Macci, Nick Bollettieri, Bruce Elliot, Jim Loehr, and a New Generation of Coaches and Teachers. It's all illustrated with luminous new digital animations and photography. It also has a new stroke archive where you can view many top players in large clear windows with fast download times. This includes 10,000 all new clips from live tournament play. PLUS: tennis music videos, tour portraits, analysis of your strokes right on the site and a new interactive forum and message boards.

If you wish other coaches to receive this ITF e-mail newsletter, please forward us their address for inclusion on our mailing list. If you would like to be removed from this mailing list, could you please send an e-mail to one of the addresses below.

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Patrick McInerney - Editor

ITF Monthly E-Mail Newsletter for Coaches is published monthly.

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For more information about the ITF, please visit our websites: www.itftennis.com - The International Tennis Federation's website www.daviscup.com - The official website of the Davis Cup www.fedcup.com - The official website of the Fed Cup

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